



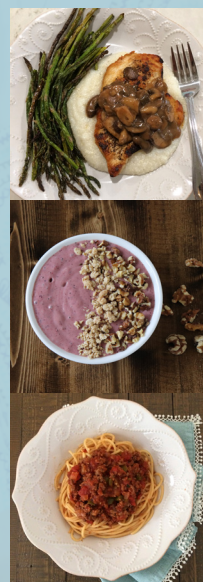
Contact Jessica at: (704)363-8317 | Jessica@jessicaiveyrdn.com



## About Jessica

Jessica Ivey is a Registered Dietitian and chef with a passion for teaching people to eat healthy for a happy and delicious life. Jessica loves spending time in the kitchen, where she creates original recipes to help busy families eat well and enjoy more meals together. Jessica regularly shares tips and recipes with her followers through her blog, Facebook, Instagram, and YouTube, combining her expertise in both evidence-based nutrition and culinary arts to simplify healthy eating.

In her short career, Jessica has tested recipes and styled food for photography at Oxmoor House books, edited a cookbook, served as the Culinary Nutritionist at eMeals, counseled hundreds of clients on healthy eating, and hosted numerous nutrition seminars and cooking classes. With over 100 live television appearances, Jessica shines in the kitchen and in front of the camera.



As a speaker, spokesperson, or brand ambassador, Jessica is available for the following:

- Live broadcast cooking segments
- Taped cooking videos
- Live cooking demonstrations
- Print, online and broadcast interviews
- Corporate wellness seminars
- Presentations for professional organizations
- Webinars
- Facebook Live
- Sponsored blog posts
- Guest blogging
- Recipe development
- Food photography
- Social media campaigns

Brands Jessica has worked with:



[www.jessicaiveyrdn.com](http://www.jessicaiveyrdn.com)



@JessicaIveyRDN



@JessicaIveyRDN



@JessicaIveyRDN